

GRANDMA BONNIE'S MASHERS

THE GOODS

- 2 pounds of fingerling potatoes
- 2 Tbsp of sour cream, buttermilk or dairy free nut kefir or yogurt
- 4 Tbsp butter (dairy free option)
- $\frac{1}{2}$ cup (dairy free) unsweetened creamer
- Salt to taste
- Pepper to taste
- Swirl of olive oil to top

THE METHOD

Wash and chop the potatoes. Boil until tender. In a mixing bowl, add the rest of the ingredients. Salt to taste. Blend or mash until super smooth.

Boulder Nutrition